

Twitcha



What is Twitcha?

Twitcha is a comic book about a teenage girl with Tourette Syndrome named Trisha. She is bullied by her friends but discovers something very special about her tics....they give her superpowers. She becomes the superhero Twitcha!

Who wrote it?

Twitcha is the brainchild of Sarah Baldwin of Mantua, NJ who illustrated and wrote the book based on her own experiences with the neurological disorder. *Twitcha's* tics are represented by the villain-turned-hero Misfire, who teams up with Dr. Sitstill to destroy anyone who wouldn't conform to his idea of "normal."

"I wanted *Twitcha* to overcome but not conform for the sake of how everyone thinks she should act," said Sarah, who is a sophomore at Syracuse University. "She accepts her tics and her differences and decides to spread awareness to help others. Her story is not much different than mine."

Why do I need this for my classroom?

- The themes of *Twitcha* include: Acceptance, Empowerment, Anti-Bullying
- **Free**, downloadable and complete lesson plan created by a teacher. Plus a coloring sheet for the younger children.
- Each component of the lesson plan provided coincides with the New Jersey Student Learning Standards

Learn More & Download the Lesson Plans at
www.njcts.org/twitcha



"A MUST have for teachers and parents! I read it to my class and they absolutely loved it. They fell in love with the superhero Twitcha and learned all about love and acceptance through this comic!"

The objective of the NJCTS Education Outreach Program is to create an awareness of Tourette Syndrome and associated disorders and educate people throughout the community to better understand this misunderstood disorder. This program works to improve the lives of people with TS through education, advocacy and the reduction of the stigmas associated with these disorders. Learn more and schedule a presentation, by visiting www.njcts.org or call 908.575.7350.

