



Our mission is to utilize collaborative relationships to educate the public, medical professionals and schools to ensure individuals with Tourette Syndrome and associated disorders are accepted, contributing members of their communities while supporting innovative research to develop diagnostic and treatment therapies and, ultimately, a cure.

[www.njcts.org](http://www.njcts.org)

**908.575.7350**

**Tourette Syndrome is covered by the American Disabilities Act**

NJCTS, 50 Division St., Suite 205 Somerville, NJ 08876

# I Have Tourette Syndrome

Tourette Syndrome is a neurological disorder characterized by repeated involuntary movements and uncontrollable vocal sounds called tics. It is much more common than you think - in fact, the National Institutes of Health estimate that 1 in 100 people show signs of a tic disorder.

In addition, many individuals with TS are also dealing with co-occurring conditions including ADHD, OCD and other anxiety disorders.

Please be aware that my tics may increase with stress.

**Thank You for Understanding**

---

Signature