

Youth Development Program

The NJCTS Youth Development program is designed to provide youth diagnosed with Tourette Syndrome and tic disorders with opportunities to develop self confidence in advocating for themselves and others.

Our wide variety of Youth Development programs put kids with this often misunderstood disorder on a positive path to becoming leaders and productive citizens.

Activities & Offerings Include:

- Advocacy Training
- School, Hospital and Community Presentations
- Outreach to Local Leaders
- Participation in Mentor Panels
- Support Groups and Virtual Networking with Peers
- Participation in the NJCTS Tim Howard Leadership Academy
- Participation in the Global Teen Summit
- Scholarship Fund
- Writing for the Teen Blog
- Fundraising and Awareness Events

Benefits

- Community Service Hours
- Public Speaking Skills
- Confidence
- New Friendships
- Fun!

TOURETTE SYNDROME QUICK FACTS:

83% of individuals who have TS have at least one additional mental health, behavioral or developmental disorder.

TS affects every ethnic and racial group.

1 out of 50 individuals have TS or another tic disorder.

Onset usually occurs at age 6 or 7.

Boys are affected 3-5 times more often than girls.

TS is a life-long condition. There is no cure.



Learn more at njcts.org/advocate

Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.

NJCTS • 50 Division St. Suite 205, Somerville, NJ 08876 • 908-575-7350 • www.njcts.org   