

# Law Enforcement Presentations

## Creating A Safe Environment For Individuals With Tourette Syndrome & Law Enforcement

NJ Center for Tourette Syndrome & Associated Disorders offers Law Enforcement trainings designed for professionals in local, county and state police departments across New Jersey and provides information about Tourette Syndrome and associated disorders. The presentations promote a more positive and safe environment for individuals with these disorders as well as Law Enforcement professionals.

### NJCTS Law Enforcement Training:

- Are conducted by education or medical professionals
- Review the implications of TS and how it may impact an individual's actions in a high stress situation
- Run approximately 60-90 minutes
- With as many as 1 in 100 individuals having TS or other tic disorders, this training is valuable to all law enforcement officers who regularly come in contact with the public.

### Learning Objectives Include:

- Understanding the symptoms, diagnosis, and treatment of TS and associated disorders such as OCD, ADHD, learning disabilities, anxiety, mood disorders, and depression
- Recognition of the ways TS and associated disorders affect individual's actions and reactions, especially in high stress situations
- Learning to respond to the typical TS behaviors, even the swearing and anger, to avoid further confrontation
- The use of de-escalation techniques to increase an individuals compliance especially in high-risk encounters

### TOURETTE SYNDROME QUICK FACTS:

**83% of individuals who have TS have at least one additional mental health, behavioral or developmental disorder.**

**TS affects every ethnic and racial group.**

**1 out of 50 individuals have TS or another tic disorder.**

**Onset usually occurs at age 6 or 7.**

**Boys are affected 3-5 times more often than girls.**

**TS is a life-long condition. There is no cure.**



To schedule a law enforcement or first responder presentation, contact us at 908-575-7350 or [info@njcts.org](mailto:info@njcts.org)

## Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.