

# **Education Outreach**

# **Medical Outreach Program**

### Training the next generation of Tourette Sydrome professionals

NJ Center for Tourette Syndrome & Associated Disorders (NJCTS) offers Grand Rounds presentations, a unique education program for physicians and residents at New Jersey hospitals that provides an opportunity to hear directly from adolescents/young adults with TS and their families. We offer a format which can be easily adjusted to fit time constraints.

#### **Grand Rounds Education Program:**

A presentation delivered by an experienced medical clinician who provides an overview of diagnosis and treatment options for TS and tic disorders. The program also features a teen or young adult with TS and their family describing their personal experience, including initial diagnosis and quality-of-life encounters with physicians and the health-care system. The presentation allows those in attendance to gain an understanding of the complexity of treating people with TS and the co-occurring disorders like OCD, ADHD and anxiety. Presentations are typically made in the neurology, family medicine, pediatrics and psychiatry departments but can be adapted for all specialties.

#### **Research Articles:**

NJCTS informs the medical community about relevant research through a weekly email providing a link to an important research article. These articles relate to TS as well as the co-morbid disorders such as ADHD, OCD, anxiety and depression.

To schedule a medical presentation or be added to our mailing list, contact us at 908-575-7350 or info@njcts.org

Fees for the session offset program administration, materials, and travel and can be discussed when you call.

#### **TOURETTE SYNDROME QUICK FACTS:**

83% of individuals who have TS have at least one additional mental health, behavioral or developmental disorder.

TS affects every ethnic and racial group.

1 out of 50 individuals have TS or another tic disorder.

Onset usually occurs at age 6 or 7.

Boys are affected 3-5 times more often than girls.

TS is a life-long condition. There is no cure.



## Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS



