

» Physicians Referral List

NJ Center for Tourette Syndrome & Associated Disorders maintains a Physician Referral List (PRL) of more than 200 professionals who have expertise in treating Tourette Syndrome and associated disorders. The up-to-date list is compiled from interviews with clinicians and recommendations from our families and other clinicians. Our referral is a direct link for families to medical professionals across New Jersey and the surrounding region that treat TS, ADHD, OCD, anxiety, and depression. The medical professionals on the PRL include neurologists, psychiatrists, psychologists, social workers, and developmental pediatricians.

» Family Retreat Weekend

NJCTS welcomes families to enjoy some time away from it all at the Family Retreat Weekend at YMCA Camp Bernie in beautiful Hunterdon County each June. The retreat allows children and their families to meet others with TS, learn more about their diagnosis, and engage with peer mentors in a fun, safe environment. Kids enjoy canoeing, swimming, wall climbing, arts & crafts, rekindling old friendships and cultivating new ones. Parents join in many activities with their children but also connect with other parents and share their stories. Powerful mentor panels and parent roundtables provide a safe place for both youth and parents to ask questions about TS and learn from peer-mentors.

» TS Clinic

NJCTS, in collaboration with Rutgers University's Graduate School of Applied and Professional Psychology (GSAPP), presents the nation's first university-based, stand-alone teaching practicum and clinic for the psychological evaluation and cognitive-behavioral treatment of TS. The program trains a new generation of professionals with interest and expertise in treating TS. The program offers sliding scale rates for individuals and families with demonstrated financial need.

» School Support

NJCTS offers faculty in-service presentations geared towards educators, administrators, and staff, to describe TS and associated disorders and provide strategies and accommodations for the classroom. We also offer a Youth Advocate presentation, which is a youth-led presentation for students that describes TS and has a strong anti-bullying message.



To learn more about our family services, contact us at 908-575-7350 or info@njcts.org. You can also visit www.njcts.org/newfamily.

Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.