



Education Outreach

Community Presentations

Creating A Positive, Inclusive, Successful Environment For Individuals With Tourette Syndrome

NJ Center for Tourette Syndrome & Associated Disorders offers Community Trainings designed for support professionals in community-based organizations across New Jersey and provides information about Tourette Syndrome and associated disorders. The presentations promote more positive, inclusive, and successful learning environments for individuals with these disorders.

NJCTS Community Trainings:

- Are conducted by education or medical professionals
- Review the implications of a TS diagnosis and its impact in the academic arena
- Are available for groups of 25 people or more
- Run approximately 60-90 minutes, depending on availability
- Are valuable to all staff members regardless of whether he or she currently works with individuals with TS

Learning objectives include:

- Understanding the symptoms, diagnosis, and treatment of TS and associated disorders such as OCD, ADHD, learning disabilities, anxiety, mood disorders, and depression
- Recognition of the ways TS and associated disorders affect academic performance and peer social interactions
- A wide range of strategies and accommodations for the student with TS and associated disorders that can have a positive impact on their academic success
- Managing stress and anxiety **NEW**
- Online learning tips **NEW**

NJCTS has trained community organizations at locations including: Family Support Organizations, County Inter-Agency Coordinating Councils (CIACC), The Arc, and public libraries.

To schedule a community presentation, contact us at 908-575-7350 or info@njcts.org.

TOURETTE SYNDROME QUICK FACTS:

83% of individuals who have TS have at least one additional mental health, behavioral or developmental disorder.

TS affects every ethnic and racial group.

1 out of 50 individuals show signs of TS or another tic disorder.

Onset usually occurs at age 6 or 7.

Boys are affected 3-5 times more often than girls.

It's a life-long condition. There is no cure.



Education. Advocacy. Research.

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.

NJCTS • 50 Division St. Suite 205, Somerville, NJ 08876 • 908-575-7350 • www.njcts.org   