



### **Tourette Syndrome Program**

Graduate School of Applied and Professional Psychology  
Rutgers, The State University of New Jersey  
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<http://gsappweb.rutgers.edu/clinic/ts-clinic.php>

## ***Register Now for our Tourette Syndrome Groups for Children and Adolescents!!***

The Tourette Syndrome Program at Rutgers University, in collaboration with the New Jersey Center for Tourette Syndrome, is now recruiting for a 10-week program uniquely designed to help youth learn about tics, build confidence, and navigate the various social issues that often come along with having Tourette Syndrome (TS).

### ***Who are the groups for?***

The groups are for children and adolescents ages 6-17 with TS or chronic tics. A pre-group screening is required to ensure that the program is an appropriate fit for each child's developmental level.

### ***What will the groups cover?***

The specific components included in the group are based on recent research completed at Rutgers and include:

- Education about tics and TS
- Identifying and managing difficult thoughts and feelings
- Solving interpersonal problems related to tics
- Improving communication skills
- Talking to others about tics and responding to teasing

The groups provide a supportive environment for children and adolescents to meet peers with TS, discuss their experiences living with the syndrome, and give and receive advice. Past group members have enjoyed speaking freely about their tics while learning strategies for living with TS in a fun and interactive manner.

### ***When and where are the groups?***

- 6:00 – 7:30 PM on Thursdays from January 22 through April 2, 2015 (10 weeks of group)
- Rutgers University, Busch Campus, 152 Frelinghuysen Road, Piscataway, NJ

### ***How much do the groups cost?***

\$200 per child for all ten groups

### ***Registration Information***

Space is limited so reserve your spot today! For more information or to sign up, contact the Tourette Syndrome Program, at 848-445-6111, ext. 40150.