

OUR VISION: A community in which those with Tourette Syndrome and associated disorders are understood and empowered.

In This Issue:

- Back to School
- New PSAs
- Disc Golf Tournament
- Become an Advocate
- Twitcha 2
- New NJCTS Merchandise
- Upcoming Webinars



NJCTS is Ready for Back-to-School! Schedule a Presentation for Your Child's School or Classroom



Go back to school with NJCTS! We are here to provide education and advocacy for all levels of school.

In-Service presenters provide strategies and accommodations that teachers and administrators can use in the classroom to promote a more positive, inclusive, and successful classroom environment for all students. Our in-services now feature a youth

advocate, online learning tips, and strategies for managing stress and anxiety.

Youth Advocate presentations are given in classrooms or to full assemblies. Attendees receive a strong anti-bullying message that promotes acceptance, tolerance, and self-advocacy.

If you would like to plan a virtual or in-person Faculty In-Service or Youth Advocate Presentation, please email us at **info@njcts.org**.



Back to the Books - What's YOUR Experience? September 28 at 7 p.m.

As you are returning back to school for the 2021-2022 school year, join us for a special Spotlight On Youth discussion to share your own school situation, coping strategies, and what positives you found over the last year. Open to students 13 to 17 years of age. **REGISTER NOW**

NJCTS Youth Advocates Featured in New Awareness Campaign

We know that TS is often misunderstood. For that reason, four NJCTS Youth Advocates are using their voices to educate, raise awareness and encourage people to stop using TS as an excuse for bad behavior, or to stop using TS as a joke, and to stop faking tics on social media.

Jenna Smith, Dominic Dominquez, Paige Kowalski, and Mateo Acevedo took part in the daylong shoot with the team at Grey Sky Films. Each of the advocates will be featured in their own 30second spot, as well as a 60-second compilation.

All five videos will premier on NJCTS social media this month. Keep an eye out on <u>Facebook</u>, <u>Instagram</u> and <u>YouTube</u>.



Jenna Smith listens to the director of the set of the PSA shoot.



LEARN MORE AND REGISTER

Join Us at the NJCTS Disc Golf Tournament

Sunday, October 10, 2021, 9:30 a.m. to 12 p.m. Mercer County Park, West Windsor, NJ

Guests will begin their day with registration from 8:30am to 9:30am, a clinic and intro at 9:30am and the tournament beginning shortly after. Guests can enter themselves into 1 of 3 divisions: Recreation, Novice or Junior. It is \$10 a player to enter, with discs available for \$10, or you can bring your own. You can come with your own foursome or you will be matched up. For more competitive players, there will be a tournament hosted by Two Johns Productions in the afternoon that will also benefit NJCTS. Click on the link to learn more about playing or becoming a sponsor.

Become a Youth Advocate Presenter

NJCTS is looking for teens, ages 13-17, to become Youth Advocate Presenters! Share your powerful voice with a variety of audiences including students in K-12, teachers, medical professionals, law enforcement, and members of the community. Provide information about TS and what it is like to live with this challenging condition. Educate and spread awareness while gaining public speaking skills and earning community service hours!



Fill Out the Interest Form to Learn
More



Order Your Copy of Twitcha 1 and 2

The Adventure Continues in Twitcha 2

After discovering her superpowers in book one, Twitcha is starting to have doubts as a new villain causes her anxiety and depression to spin out of control. Can her friend Misfire help? Will a trip to the NJCTS Tim Howard Leadership Academy help Twitcha regain her confidence?

This new story is written by original Twitcha author Sarah Baldwin and her brother Eric. Both Baldwins are NJCTS Youth Advocates and current college students. It is illustrated by volunteer Sarah Orchard of Winnipeg, Manitoba in Canada.

The themes of acceptance, empowerment and friendship are woven throughout and you get to meet some amazing new characters. The one-and-only Tim Howard, one of the greatest American goalkeepers in soccer history, even makes a guest appearance!

Now Open: The NJCTS Merchandise Shop

Looking for that perfect sticker for your laptop or a magnet to stick on mom's fridge? How about a hat repping NJCTS? **Find it in our new shop!**





Webinars From NJCTS

Getting into the Weeds with Medical Marijuana

Presented by Svetlana Ros, Esq September 22, 2021, 7:30 to 8:30 p.m.

Mental Health in Media: Its Stigma and Stereotypes

Presented by Meg Isbitski, LCSW October 6, 2021, 7:30 to 8:30 p.m.

Simply the Right Way to Fundraise





1. Sign Up 2. Download the App 3. Support NJCTS

Buy gift cards from your favorite brands to earn on your daily purchases. It's never been easier to support NJCTS. No extra money spent. No extra time wasted. Sign up today!



Shop at smile.amazon.com/ch/26-1388409 to generate donations for NJ Center For Tourette Syndrome And Associated Disorders and check out our AmazonSmile Charity Lists to donate items we need most.

BE A PART OF THE NJCTS VISION!

DONATE

VOLUNTEER

LEARN MORE



We earned a 2021 Platinum Seal of Transparency! Learn more about our organization's impact through our <u>#NonprofitProfile</u> on Candid.org

NJCTS | www.njcts.org







