

2019 Application Form for Coaches



July 31-August 4, 2019

Rutgers, The State University of New Jersey; Piscataway

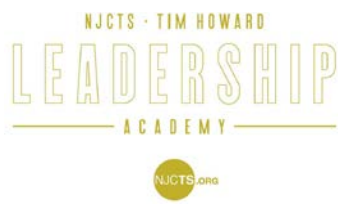
Directions: Complete this entire application and submit it, along with the components listed on the final page, by January 18, 2019 in order to be considered as a Coach for the 2019 Academy. Applications should be emailed to admissions@njcts.org with the subject line "2019 Coach Application."

NJCTS Tim Howard Leadership Academy Coach Job Description

NJCTS Tim Howard Leadership Academy coaches are invaluable members of the leadership team at the core of the Academy. Coaches are between 20-30, have a TS diagnosis, may have been diagnosed with co-morbid conditions, and ideally have considerable leadership experience. They must have at least two years of college or post-high school work experience to be considered for the position. Coaches are comfortable sharing their own experiences, strengths, and struggles, and are comfortable providing support to others who may be struggling to share their own experiences. The ideal candidate embodies the core values of the Academy (self-leadership, self-advocacy, resilience, and grit) and can draw from their own experiences to discuss how they developed these skills. They also are motivated, comfortable taking charge, responsible, outgoing, communicative, energetic, and can demonstrate positive and respectful language, behavior, and actions during the entirety of their post, including during their scheduled and unscheduled breaks.

Specific responsibilities of Academy Coaches include, but are not limited to:

- Keeping track of a team (about 5-8 participants) as they move between activities and buildings, taking attendance, and ensuring participants arrive at the intended location.
- Ensuring that their team members are prepared for all activities, present for all activities, and on time to all activities.
- Circulating with the participants during activities, presentations, breaks, and meal times to encourage positive behavior and collaboration.
- Working collaboratively with 2-3 other Coaches who are responsible for the same team members.
- Facilitating often emotional discussions in small group “team talk” sessions.
- Speaking sensitively and carefully to participants who may be struggling emotionally.
- Ensuring participants engage in positive social interactions with other members of the group.
- Attending all events and fulfilling all responsibilities/roles at each event, as determined during Coach training sessions.
- Remaining present and engaged during all activities, refraining from excessive cell phone use, side conversations, leaving the activity or larger group setting excessively, etc. (although it is expected coaches will engage in good self-care by taking breaks as assigned and as needed).
- Serving as an exemplar of the central tenets of the Academy (self-leadership, self-advocacy, resilience, and grit).



- Reporting all behavioral and/or emotional concerns to the Academy Director or other staff.
- Maintaining appropriate professional boundaries between staff and participants at all times.
- Monitoring participant behavior during recreational and “free” times.
- Facilitating recreational activities and other small-group activities, as needed.
- Demonstrating respect and sensitivity for participants’ and staffs’ tics and TS-related behaviors.
- Working with, and supporting, fellow Coaches throughout the Academy weekend.
- Participating in **all** training sessions, Coach meetings, and other Coach-specific activities, including a self-guided Protection of Minors training, and an in-person training session on Wednesday, July 31, the evening before participants arrive.
- Balancing good self-care with the needs of a larger group.

PLEASE NOTE: A COACH APPLICANT IS ONLY ELIGIBLE FOR CONSIDERATION IF THEY CAN BE PRESENT THROUGHOUT THE DURATION OF THE ACADEMY, INCLUDING THE IN-PERSON TRAINING HELD THE EVENING OF JULY 31



Applicant Profile

Name: _____

Nickname: _____

Date of Birth: _____ Age: _____ Gender: _____

Applicant's Home Address: _____

City: _____ State: _____ Zip Code: _____

Applicant's Home Phone: _____ Cell: _____

Applicant's Email Address: _____

PREFERRED METHOD OF CONTACT: _____

Your honest and thoughtful answers to the following questions will help us understand your personal experience with TS and other diagnoses, and will help us best meet your needs if you are invited to participate as a Coach at the 2019 Academy. Please attach responses in a separate Word document. Responses should total no more than one page.

- 1) How old were you when you received your TS diagnosis?

- 2) Describe all the tics you've had in the last 12 months:

- 3) Some individuals with TS experience tics that involve contact with others. Have you ever had any tics that involved physical contact with anyone else? Please describe them in detail, and please indicate how long ago you experienced these tics:

- 4) Some individuals with TS experience tics that are painful or cause injuries to the body. Have you ever had any tics that have caused self-harm or have caused you to inflict pain on yourself? Please describe in detail, and please indicate how long ago you experienced these tics:

- 5) Do you have any other diagnoses besides TS?

	Yes	No
• Obsessive Compulsive Disorder	Yes	No
• Attention Deficit Disorder	Yes	No
• Generalized Anxiety	Yes	No
• Depression	Yes	No
• Sleep Disorders	Yes	No
• Autism Spectrum Disorder	Yes	No
• Issues with Impulsivity or Impulsive Behaviors	Yes	No
• Other (please specify) _____		

- 6) Please describe any behaviors or symptoms related to these diagnoses that have been challenging for you:

- 7) What sorts of things do you do when you are in stressful situations and your tics or anxiety increase? Is there anything you do that helps you to calm down or manage your tics?

- 8) Do you require any special accommodations or considerations in order to fulfill your role as a coach at the Academy? Please explain.

- 9) Are you comfortable speaking openly and honestly about your TS, other diagnoses, and sharing other potentially personal details of your life?

Please provide the following:

- 1) A resume or CV attached to your application
- 2) A recent picture of yourself
- 3) **Either** three letters of recommendation**

OR

- 4) Contact information for three professional references**

** Or some combination of these

Letters of recommendation or professional references can be professors or teachers you have interacted with, colleagues, managers, supervisors, or others who can comment on your professionalism and dedication to your work. You are also encouraged, if possible, to include the medical practitioner who helps manage the treatment of your symptoms.

1) Reference One Name: _____

Phone: _____

Email: _____

Title: _____

Relationship: _____

2) Reference Two Name: _____

Phone: _____

Email: _____

Title: _____

Relationship: _____

3) Reference Three Name: _____

Phone: _____

Email: _____

Title: _____

Relationship: _____