

NJ CENTER FOR TOURETTE SYNDROME AND ASSOCIATED DISORDERS
MINUTES FOR THE DECEMBER 8, 2021 BOARD MEETING

LOCATION: Teleconference

TIME: 4:00 pm to 4:57 pm

ATTENDEES: Andrew Hendry, Santina Reichenbach, Tim Kowalski, Steven Lindenbaum, Tim Omaggio, Pat Phillips, Rebecca Spar, Conrad Roncati, Tim Yingling, and Paul Romano

ABSENT:

AGENDA

1. Board Minutes Approval
2. YTD Financials & Cash Position
3. New Program Manager Introduction- Karen Benjamin
4. Organization Update from Pat Phillips

1) Approval of 08SEPT2021 Board Meeting Minutes

The minutes of the 08SEPT2021 Board meeting were unanimously approved.

2) YTD Financials and Cash Position

Santina reviewed the financial and cash position (see appended Financial Statement Summary). The full DOH grant amount of \$800,000 was approved for the fiscal year, July 1, 2021 through June 30, 2022. A higher income is projected for this time than it was last year. Currently, we are operating at a \$51,000 net profit. Personnel expenses are still trending lower than last year as recruitment to fill the one remaining open position of "Family and Medical Outreach Coordinator" is still ongoing. We are hoping to fill this position by January of 2022. In addition, salary reevaluations need to happen for this year so these expenses will start to trend higher than last year. This modest trend upward has been anticipated in our planning. Our annual appeal went out three weeks ago. To date, \$11,000 has been raised. The Disc Golf Tournament was our new and first in-person fundraiser held in October since the pandemic. It raised \$3,877 and netted \$2,551. The Shop with Scrip fundraiser has generated \$157 this fiscal year to date. Amazon Smiles has netted \$120 since July 2021. Santina mentioned that she could present the breakdown for the next board meeting.

A contribution idea of using supplemental money for people that have a lower income to cover the costs of counseling was mentioned by Rebecca. The board will discuss this further.

Financial Statements Report

	Budget	Actual YTD	Actual YTD
	7/1/21 to 6/30/22	7/1/21 to 11/30/21	7/1/20 to 11/30/20
Revenue	\$976,500	\$363,225	\$220,783
Expenses	\$976,500	\$311,691	\$320,741
Decrease to Net Assets	\$0	\$51,534	(\$99,958)

The Financial report was unanimously approved

3) New Program Manager Introduction-Karen Benjamin

- Karen started at NJCTS in July 2021 and handles all the programming.
- Karen was the Director of the “Prevent Child Abuse Organization.” She was with that organization for about 15 years and was responsible for their Program Management. She also has experience managing staff, budgets, and grant writing and grant managing.
- Karen expressed that she is very impressed with the organization, specifically the Wednesday Webinars, families of NJCTS, presenters, and support of the network. Karen observed that participation was tough in all virtual activities. She hopes that our network can continue to expand, especially to the southern New Jersey counties.

4) Organizational Update from Pat Phillips

- Good feedback was received from our new adult program, “Community Connection for Young Adults,” ages 18-35. This has been successful as people have joined once a month regularly.
- A Facebook group for young adults, ages 18-35 was created and has seen active participation regularly.
- Parent Support Group, hosted by Dr. Jeremy Lichtman, Psy.D.
- The Parent Facebook Group is gaining a lot of attention.
- Parent and Teen Summits will continue into 2022. There are plans to enhance the programming.
- Child Study Collaboration with NYU began November 10th and went well. Families are reaching out to the Hackensack New Jersey Campus with the overflow at the clinic in New Brunswick New Jersey. The current fee is \$50 a session. A proposed session fee of \$30 is in the works.
- The Leadership Academy will hopefully be in-person this year.
- The Family Retreat will be in-person

- Our partnership with Rutgers GSAPP is still strong. Amanda Ferriola has been hired to fill the position as the new clinical director. Former Clinical Director, Graham Hartke stepped down. We presented it to the class that was there this past fall.
- We intend to enhance and continue The Disc Golf Tournament, next year in the Fall of 2022.
- Year End Appeal letters went out. There are additional videos coming out with Sam Regen. These videos discussed the benefits of NJCTS.
- The June 2022 award ceremony will hopefully be done in person. The last two years have been virtual. This event took place in Trenton, however, a new, reasonable venue in Central New Jersey is being sought out.
- Inservice Presentations have been virtual with the exception of one which was held in-person. The presentations have been adjusted to fit events of our current environment. Discussion topics now include anxiety and stress as they exacerbate tics. Additionally, a Youth Advocate has been added to our Youth and Services to address concerns teachers may be having with their students.

The board discussed potentially changing the meeting time to accommodate the ability of all members getting together in-person or in a hybrid environment depending on Covid in the future. Dates will be sent out for 2022 board meetings.

The meeting adjourned at 4:57 pm

Respectfully submitted by Steven Lindenbaum, Secretary of the Board of Directors.