

Teens 4 TS

A blog for teenagers with Tourette Syndrome
by teenagers with Tourette Syndrome *In affiliation with...*



New Jersey Center
for Tourette Syndrome
and associated disorders, inc.
www.njcts.org

Poetry helping teen blog gain worldwide notoriety

When the New Jersey Center for Tourette Syndrome & Associated Disorders (NJCTS) launched Teens4TS, an Internet blog resource for teenagers with TS, on Nov. 14, 2011, it had no idea the venture would take off so quickly.

But 10 weeks and nearly 10,000 hits later, Teens4TS – which can be found by visiting <http://www.njcts.org/teens4ts> – continues to grow into one of the Internet's most sought-after blogs and resources for teenagers with TS, a neurological condition that affects as many as 1 in 100 people.

Teens4TS boasts new content on a daily basis from more than a dozen contributors and readers in countries such as the United States, Canada, England, Germany, the Netherlands, Belgium, Spain, France, South Korea, New Zealand and Indonesia.

Topics include initial diagnosis of TS; finding out about Tourette as a teen, not as a child; how to deal with Tourette Syndrome in school; finding hope for the future; and talking to friends about the condition. There also are links to other TS stories and resources available through NJCTS.

Some of the most popular entries have been poetry, including a recent anonymous submission from a man who wrote his poem when he was a teenager in 1989. Its words are as true today as they were then. Here is a portion of that beautiful poem:

*Nobody knows what it feels like, to constantly feel confused.
Nobody knows how sad I feel, when I feel that I'm being used.*

Words such as those demonstrate the need for a resource such as Teens4TS. Teens wishing to participate as a regular contributor to Teens4TS should contact the blog's administrator at teens@njcts.org. More information also is available by visiting our popular social media platforms, available by clicking the links below.

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