



New Jersey Center for Tourette Syndrome

AND ASSOCIATED DISORDERS, INC.

*Collaborative Partnerships Serving
the Tourette Syndrome Community*

December 10, 2014

Center for Tourette Syndrome Congratulates "The Keeper" as Preparations Continue for 2015 Tim Howard NJCTS Leadership Academy

As Tim Howard stands on the cover of Parade Magazine, his partners in Somerville are working on details for their joint Leadership Academy.

The soccer superstar is on newsstands and bookstores everywhere this week. Aside from being called an "All-Star Inspiration" by Parade- America's most widely read publication- a new biography highlighting his successes hits stores today. In, "The Keeper: A Life of Saving Goals and Achieving Them", Howard describes the strength he takes from living life with Tourette Syndrome.

The New Jersey Center for Tourette Syndrome and Associated Disorders (NJCTS) is proud to be part of the story. "We are proud of Tim and this media blitz is quite fitting," said Executive Director Faith W. Rice, "He is a champion for millions of soccer fans worldwide- but we know him best as a champion for the untold millions living with TS."

When it came time to give back, Howard called NJCTS. Howard sits on the NJCTS Board of Directors and has lent his name, talent and encouragement to many projects over the years, and in 2014 NJCTS and Tim Howard launched a game-changer. The Tim Howard NJCTS Leadership Academy debuted with great results last summer. The intensive weekend of workshops, lectures and team-building activities is designed with empowerment, resilience, and self-advocacy in mind.

"We gather leading experts and young adults successfully living with TS to deliver and advanced understanding and set of key life skills and tools to help teens ages 14-17 reach their best potential," said Rice, "It's something near to Tim's heart and our pilot launch continues to reap results."

In 2015, the Academy will take place from August 6-9 at Rutgers University. Applications are available beginning December 15th at www.njcts.org. Admission is competitive and is open to teens ages 14-17 who have been diagnosed with Tourette Syndrome.

"We're continuing the spirit of what Tim brings to the field," said Rice, "Best of all, Tim invites others to stand with him in standing up for those with TS."

For more information about Tourette Syndrome, NJCTS or the Tim Howard NJCTS Leadership Academy visit NJCTS.org.

Parade

by **PARADE@parademagazine**

Here's an excerpt from a story about NJCTS Board Member TIM HOWARD that appeared in Sunday's Parade Magazine (Sunday, Dec 7). To read the entire article, [click HERE](#)

Controversy may have grabbed sports headlines this year. But a few shining stars-led by Team USA goalkeeper Tim Howard-put good news back on the front page.

One month before high school graduation, Howard played his first pro (minor league) soccer game for the North Jersey Imperials of the ramshackle United Systems of Independent Soccer Leagues (USISL), earning \$250 a week. The next year, he joined Major League Soccer's New York/New Jersey MetroStars, and after three years was named starting goalkeeper in 2001. That's when he also made the decision to speak out publicly about his TS.

"I was more in the public eye, and I knew I was going to have to answer questions," he says. "I wanted to get it out there so I wouldn't have to talk about it all the time. Subsequently, it turned into an incredible platform."

It was then that Howard first became involved with the New Jersey Center for Tourette Syndrome & Associated Disorders Inc., a pioneering center providing services for people with TS and their families. A decade later, Howard is still dedicated to the organization, which recently launched the Tim Howard NJCTS Leadership Academy, a three-day program designed to teach kids with TS how to advocate for themselves.

"Kids with TS know what their weaknesses are, but we help them learn to concentrate on their strengths," says Faith Rice, NJCTS executive director. To continue reading, [click HERE](#)

To make a year-end donation to NJCTS youth empowerment programs, including the Tim Howard NJCTS Leadership Academy, [click HERE](#).



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The New Jersey Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.

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