



New Jersey Center for Tourette Syndrome

AND ASSOCIATED DISORDERS, INC.

*Collaborative Partnerships Serving
the Tourette Syndrome Community*



**Be an important part of Tourette Syndrome genetics research
by donating DNA in >Ubi UfmUbX': YVfi Ufm&\$%) at
Rutgers University**

Would you like to see more people working on a cure for Tourette Syndrome? How about research on medications specifically for TS? Now is your opportunity to join the New Jersey Center for Tourette Syndrome & Associated Disorders' (NJCTS) efforts and personally be part of making that happen.



Dr. Robert King, a professor of child psychiatry at the Yale University Medical School and medical director of the TS/OCD Clinic at the Yale University Child Study Center, will be at the Cell and DNA Repository at Rutgers University all day on **Thursday and Friday, January 8th and 9th**, to interview individuals and families interested in participating in the National Institute of Mental Health NJCTS Genetics Sharing Program. **Families and individuals can also participate on February 5th or 6th.**

For more information or to schedule an appointment with Dr. King, please e-mail Dr. Gary Heiman, a team leader at the repository, at familystudy@biology.rutgers.edu. For more information on the program, please visit www.rucdr.org.



New Jersey Center for Tourette Syndrome presents
First Annual Childhood Mental Health Symposium

Neuropsychiatric Disorders: Tics, OCD, and Trichotillomania

Rutgers, The State University of New Jersey

Life Sciences Building (LSB) - Human Genetics Institute of New Jersey
Busch Campus, Piscataway NJ

**ON NOV 20, 2014 NJCTS PRESENTED FIRST ANNUAL
CHILDHOOD MENTAL HEALTH SYMPOSIUM**



Nearly 100 physicians, educators, and mental health professionals attended the first annual NJCTS Childhood Mental Health Symposium on Thursday, November 20, 2014 at Rutgers University. The day-long event, which focused on the neuropsychiatric disorders of tics, obsessive-compulsive disorder, and trichotillomania (hair pulling), offered lectures by medical experts and panel discussions on the personal challenges of managing mental health disorders.

"Thousands of New Jersey children are affected by these disorders, which are often underdiagnosed and untreated," said Faith Rice, executive director of New Jersey Center for Tourette Syndrome and Associated Disorders (NJCTS). "In addition to presenting the medical information, we shared the personal experiences of parents and children, which gives professionals a deeper understanding of the impact of these disorders on the children and their families."

Physicians agreed with the importance of patient/family presentations. One said, "I think that seeing clinical examples is key to learning how to practice medicine. Even though I've been doing this for over 25 years, I thought every second was helpful and useful." Another noted, "I have a far better understanding of a wide array of symptoms/presentations and what may be helpful for my patients and their families. I hope this will lead to proper diagnoses more promptly."

NJCTS partnered with the NJ Chapter of the American Academy of Pediatrics, the NJ Psychiatric Association, the NJ Council of Child & Adolescent Psychiatry and Rutgers University for the event. Participants also toured the world's largest university-based biorepository and home to The National Institute of Mental Health (NIMH) Center for Collaborative Studies of Mental Disorders, which includes samples from families with schizophrenia, bipolar disorder, Alzheimer's disease, autism, OCD, depression, ADHD and Tourette Syndrome.



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The New Jersey Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.
