



New Jersey Center for Tourette Syndrome  
AND ASSOCIATED DISORDERS

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## New Jersey Nonprofit Gives Access to Experts Online

*New Jersey Center for Tourette Syndrome's Wednesday Webinars tackle tough topics*

April 21, 2014-- Families living with neurological and learning disorders don't have to travel far to interact with leading experts. They can do it from the comfort of their living room through the New Jersey Center for Tourette Syndrome's Wednesday Webinar Series.

The web-based teleconferences bring leaders in the field of medicine, education and psychology to audiences from around the world- a service the Somerville-based New Jersey Center for Tourette Syndrome (NJCTS) began in 2008. "We started the series to connect families, teachers and clinicians to speakers who would shed light on the issues surrounding life with a diagnosis of Tourette Syndrome," said NJCTS Executive Director Faith W. Rice, "Today, through the Wednesday Webinar series, we explore strategies and techniques to enhance life for people with Tourette, obsessive-compulsive disorder, ADHD, learning disabilities, anxiety, depression and other challenges."

Tourette Syndrome is a neurological disorder characterized by uncontrollable motor movements and vocalizations known as tics. TS is an inherited disorder affecting as many as 1 in 100 people.

NJCTS established the program's format in 2008- participants pre-register online and are given a link to sign-on for the live seminar. At the conclusion of the each presentation, audience members are invited to ask questions of the expert on the call. Expert presenters also answer questions through an online discussion board at [NJCTS.org](http://NJCTS.org) for one week after their Wednesday Webinar. All past programs are archived for viewing at [NJCTS.org](http://NJCTS.org).

Parents, family members, educators and healthcare providers are encouraged to attend each Wednesday Webinar- and are invited to do so at no cost; professional development certificates for educators are available at a nominal cost. "Part of our mission is to provide the best and most up-to-date information about these conditions to anyone who cares for and works with people living with these types of challenges," said Rice, "We're proud to present the Wednesday Webinar series because it's a format that is reaching people worldwide."

Upcoming topics include:

**May 21**

"OCD in Young Children"

Presented by Joelle McGovern, Psy.D. - University of Pennsylvania  
7:30 to 8:30 p.m. EST

**June 18**

"Creative Applications of Exposure Therapy and Habit Reversal Therapy"  
Presented by Hilary Dingfelder, Ph.D. - University of Pennsylvania  
7:30 to 8:30 p.m. EST

**July 9**

"Sports-Related Brain Injury"  
Presented by Mark Mintz, MD - The Center for Neurological and Neurodevelopmental Health  
7:30 to 8:30 p.m. EST

The Wednesday Webinar archive, including a list of all previous presentations, is available at [NJCTS.org](http://NJCTS.org).

For more information about Tourette Syndrome and the programs and services offered by NJCTS, call 908-575-7350 or visit [www.njcts.org](http://www.njcts.org)

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*New Jersey Center for Tourette Syndrome & Associated Disorders, Inc.  
Collaborative partnerships for the TS community  
Celebrating 10 years in 2014!*