



New Jersey Center for Tourette Syndrome
AND ASSOCIATED DISORDERS

*Collaborative Partnerships
for the Tourette Syndrome Community*

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Wednesday Webinars: “Medication Management” focused on tics; “TS in the Latino Community” up next

*Participants nationwide found Dr. Mark Mintz’s perspective on correctly treating TS;
the next New Jersey Center for Tourette Syndrome webinar is scheduled for June 19*

Dr. Mark Mintz, Psy.D, discussed “Managing Medication for Tics and Tourette Syndrome” during the New Jersey Center for Tourette Syndrome & Associated Disorders (NJCTS)

Wednesday Webinar on **May 8**. This

webinar – which was aimed at professionals, therapists, and persons and their families dealing with Tourette and associated disorders such as OCD, ADHD, anxiety, depression and mood disorders – explained the biological rationale for using medications for tics and TS, the various types of drugs that have shown to be beneficial, and discuss the risks and benefits of medication therapies. Here is some feedback NJCTS received on the webinar:

S M T W T F S

Wednesday is TS Day!
WEBINARS

“Your topics are timely and a saving grace. They fit into my daily schedule. Just to note, one of my teenagers sat down to watch the end with me!”

– Adriana from New Jersey

“The information about generics not necessarily functioning the same as brand name drugs was very interesting and helpful. I will be sure to check my son's Rx more carefully.”

– Laura from New Jersey

“I learned that: 1) There may be a difference between generic drugs and name-brand drugs, and that some companies that produce brand name drugs, also produce generic drugs; 2) even people without ADHD may respond to stimulant medication so positive response to the medication may not prove that one has the condition; 3) it is possible for a person to develop tics from ADHD medication; and 4) by researching ones genes, it will be possible to see whether a certain medication will work or might harm a person.”

– Naomi from New Jersey

NJCTS' next webinar – “**TS in the Latino Community**” – will take place on **June 19**. Dr. Richard Zakreski, Psy.D, will discuss how Tourette Syndrome – which affects all ethnic groups – has in particular affected the Hispanic-American community in urban areas of New Jersey, the nation and the world. More information and the registration page for this webinar will be available on www.njcts.org soon. For now, please [view and/or download past NJCTS webinars](#).

The Wednesday Webinar series, which draws an audience from 48 states and 13 countries, was launched in 2008. The series, offered at no cost to participants, features online seminars for parents, educators and professionals on topics of interest to the TS and associated disorders community. Professional development credits are given upon verification of attendance and completion of an exit survey. Credits are distributed by mail **one week after** the webinar.

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*New Jersey Center for Tourette Syndrome and Associated Disorders, Inc.
Collaborative partnerships for the TS community.*