



New Jersey Center for Tourette Syndrome
AND ASSOCIATED DISORDERS

*Collaborative Partnerships
for the Tourette Syndrome Community*

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FOR IMMEDIATE RELEASE

Monmouth University to host NJCTS workshop on the diagnosis and treatment of TS

*Continuing education workshop will take place Tuesday, October 30, and be led by
New Jersey Center for Tourette Syndrome presenter and psychologist Dr. Richard Zakreski*

The New Jersey Center for Tourette Syndrome & Associated Disorders (NJCTS) is pleased to announce the first continuing education workshop on Tourette Syndrome and associated disorders such as OCD, ADHD, anxiety and Asperger's for social workers and nurses.

The workshop, "Tourette Syndrome and the Prevalence of Co-morbid Diagnosis: Therapeutic Approaches in Treatment of Children and Adolescents," will take place from 9 a.m. to 4 p.m. Tuesday, October 30, at Monmouth University in West Long Branch. The cost is \$98, and 6 clinical continuing education credits will be offered to those who attend.

Co-sponsored by the Center for Professional Development in Nursing and Health of the Majorie K. Unterberg School of Nursing and Health Studies, and the Professional Education Program of the School of Social Work at Monmouth University, the workshop will analyze the intersection of TS and its associated disorders, and explore treatment approaches that can be used by social workers, nurses and school staff to effectively manage anxiety in children. There will be a specific focus on diagnosis, developmental course, medication management and interventions, and treatment approaches specifically used in controlling tics – including cognitive behavioral therapy and habit reversal therapy.

Dr. Richard Zakreski, a NJCTS presenter and psychologist with a private practice in Shrewsbury and Freehold, will lead the workshop. Dr. Zakreski earned his PhD in clinical child psychology from the University of Virginia and specializes in the diagnosis and treatment of neurodevelopmental and neurochemical disorders in children, adolescents and college students.

For more information and to register, please visit [Monmouth University's Social Work Professional Education](#) website.

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