



New Jersey Center for Tourette Syndrome
AND ASSOCIATED DISORDERS

*Collaborations and Partnerships
for the Tourette Syndrome Community*

908.575.7350

50 Division Street • Somerville, NJ 08876 • Fax: 908-575-8699 • www.njcts.org • info@njcts.org

FOR IMMEDIATE RELEASE

“Emily’s Tic,” a teenager’s illustrated book about Tourette Syndrome, is now available on Amazon.com

The book also is available for download on Kindle or Nook on iPads and iPhones

Emily Fleischman has been highly successful advocating for Tourette Syndrome through the many in-service presentations she has delivered to hundreds of students at elementary schools and synagogues all over Northern New Jersey. Now, the 16-year-old River Dell High School junior is getting out the message about the disorder that affects as many as 1 in 100 people through a different medium.

Fleischman’s new children’s book, “Emily’s Tic” – which talks about life as kid with TS, including Emily’s own challenges of facing bullying – is available on Amazon.com, as well as for download via Kindle or Nook on an iPad or iPhone.

“I was diagnosed with TS when I was 6 years old, and not until two years ago did I begin to talk about my disorder,” said Fleischman, who both wrote and illustrated the book with the help of her mother, Florence Fleischman. “Once I accepted the fact that I had Tourette Syndrome – I was born this way and this is who I am – I decided that my goal was to educate others about TS.”

The book also features a Tourette Syndrome fact sheet, information about the New Jersey Center for Tourette Syndrome and Fleischman’s personal story – including the reason why advocacy for Tourette is such a big part of her life.

“For the past two years, I have spoken at schools about TS and explained why you should not bully others for their differences,” said Fleischman, the 2010 National Youth Ambassador from New Jersey. “I wrote ‘Emily’s Tic’ to educate young children about TS and show that it is hurtful to bully others.”

More information about the book or Tourette Syndrome is available by calling 908-575-7350 or by visiting www.njcts.org.

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*New Jersey Center for Tourette Syndrome and Associated Disorders, Inc.
Collaborative partnerships for the TS community.*