



# New Jersey Center for Tourette Syndrome and Associated Disorders

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For Immediate Release

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## Having trouble throwing things away? Discover how to avoid hoarding *NJCTS Wednesday Webinar Series continues on Dec. 7*

SOMERVILLE, NJ - Hoarding is defined as the acquisition of, and failure to discard, large numbers of possessions. The latest New Jersey Center for Tourette Syndrome (NJCTS) Wednesday Webinar, "**The Nature and Treatment of Hoarding**," will take place from 7:30-8:30 p.m. Dec. 7 and focus on recognizing when normative collecting and failure to discard has crossed over into clinically significant hoarding and, once identified, how best to approach treatment of this relatively common problem.

Facilitated by Martin Franklin, Ph.D, this webinar will emphasize cognitive and behavioral techniques, and recommendations will be provided for family members whose loved one with hoarding either lacks insight or is not ready to address the problem directly.

Franklin -- an associate professor of psychiatry at the University of Pennsylvania School of Medicine and Director of Penn's Child/Adolescent OCD, Tics, Trichotillomania, & Anxiety Group (COTTAGE) -- has conducted clinical research projects on OCD, trichotillomania, Tourette Syndrome and related disorders across the developmental spectrum and presented both nationally and internationally over the past 20 years. He is a member of the Science Advisory Board for the OC Foundation and the Trichotillomania Learning Center, patient organizations devoted to disseminating knowledge and improving access to expert clinical services for these often impairing conditions.

NJCTS presents online seminars for parents, educators and professionals on topics of interest to the Tourette Syndrome community at no-cost to participants. TS is a neurological disorder in which as many as 1 in 100 people show symptoms, according to the Centers for Disease Control and Prevention. Many people with Tourette Syndrome experience co-occurring neurobehavioral disorders including attention deficit disorders, obsessive-compulsive disorder, anxiety, depression and learning disabilities.

In 2008, NJCTS launched the Wednesday Webinar series, which currently draws an audience from 48 states and 11 countries. Professional development credits will be offered upon verifying attendance of the webinar and completion of the exit survey. They will be distributed, by mail, the week after the webinar. **To register visit [www.njcts.org/witsd-seminar-sign-up.php](http://www.njcts.org/witsd-seminar-sign-up.php).**

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Collaborative partnerships for the TS community.*